



## Take the Wheel Coaching

Let's get you in the driver's seat!

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# 4 Critical Components for Learning

- Educators are some of the most influential people in a child's life, second only to parents and family. The experiences they have with you can last a lifetime. No pressure!
- Root word for Educate – Edu care, Edu cere: meaning to draw out, nurture, lead forth, bring up.
- Education can be likened to a treasure hunt- the treasure (skill/tool) is often buried, is valuable, will enhance your future, and has the potential to change your life!

## 1. Critical component to learning #1 – Safety.

- a. If you were to embark on a journey or adventure you would want to ensure that you would be prepared and able to handle any challenges, hazards or dangers.
- b. Challenges, hazards and dangers that children face is real and not easy to deal with. Yet, with some tools and skills they can handle them.
  - i. The voice inside – being made aware that it is normal, recognizing that you can train it, and getting it to work for you rather than against you.
  - ii. The voices of others – being made aware that others' opinions and words are not truth or fact. They are reflections of the other person – not of you. You always have a choice in how you will respond.
  - iii. Disappointment, frustration, boredom, and monotony – being made aware that these are part of the learning process and not a sign of defect or lack on your part. Keeping our eyes on the prize rather than the obstacle will help us overcome these feelings.
- c. Fear or survival mode makes learning very difficult – if not impossible. Helping a child to feel safe, especially in their own skin, is one of the greatest gifts you can give them.



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2. Critical component to learning #2 – Ability.
  - a. If invited on a journey or adventure you may say “I’ve never done this before, and I am not sure I can”. Everyone has concerns about their own abilities and capabilities.
    - i. Building on past successes is key – You have already found the treasure of walking, talking, tying your shoes, learning colors, learning numbers, learning to use a fork and spoon, ride a bike, etc, etc,
    - ii. These treasures have altered your life and YOU found them.
    - iii. See.... You were already a treasure hunter and did not even know it.
3. Critical component to learning #3 – Belief.
  - a. Once you feel relatively safe and somewhat confident in your abilities, you would need to believe that there is in fact treasure to be found.
  - b. If you believe it – you can achieve it. If not.....you won’t even try.
  - c. What would you be willing to dig and search for?
    - i. The tools needed for this component come naturally to children-
      1. Curiosity, imagination and trust. Some call this dreaming.
        - a. These will be the fuel to keep them going.
        - b. They do not have to be accurate, realistic or true to start.
        - c. Let them dream. Nurture, lead forth, draw out.
      2. Not all treasure is equally valued. Some will find treasure in Math, others in words, others in science, others in history, others in art... etc. We do not all value every treasure (skill) the same and that is okay.
4. Critical component to learning #4 – Practice, Practice, Practice.
  - a. Once you feel safe enough, confident enough, and sure enough... you are ready for some reality.
    - i. Every new skill requires practice.
    - ii. No one will find treasure on their first try.
    - iii. Using past treasures you can confirm –
      1. You did not learn to walk on your first try.
      2. You did not learn to talk in one day.
      3. You did not learn to read, write, ride a bike, etc, without practice.
    - iv. Needing practice is a natural part of learning.
    - v. The result will be worth the effort.



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1. Using past treasures as encouragement –
  - a. What if you had not learned to walk? Talk? Use a fork/spoon? How different would your life be today?
2. Every treasure will be yours forever!
3. Every treasure will enhance your future.
4. Every treasure has the potential to change your life.
- vi. We are living beings, we must continue to grow in order to thrive.

If children learn to love the amazing adventure of treasure hunting and they learn to keep digging.... The treasure hunt you begin with them will last the rest of their lives!

Happy Hunting!

Thank you so much for all that you do!!!